



# MSD of Martinsville

## Clinic Department



Schools, parents, and caregivers often do not know what specific illness a child may have; rather, children present with symptoms.

The below chart describes *general guidelines* regarding common illnesses experienced in school-aged children.

However, parents and caregivers should consult their own child's health care providers with specific questions about their child's condition and whether or not their illness may be contagious enough to remain at home.

**The MSD of Martinsville will adhere to the guidelines set forth by the Indiana Department of Health and the CDC.**

Symptom or Condition	It's OK to send to school if ...	Keep your child at home if ...
<b>General Illness/Fever</b>	During the past 24 hours, the student's temperature has been below 100.4 degrees AND no fever-reducing medication has been given to lower the temperature.	During the past 24 hours, the student's temperature has been more than 100.4 degrees. If your child has a temperature below 100.4 degrees but other symptoms continue (malaise, pain, etc.) your child should remain at home until symptoms are improving.
<b>Diarrhea</b>	During the past 24 hours, no more than one watery stool has occurred and no other symptoms accompanied the episode.	The child has diarrhea that causes "accidents," is bloody, or results in more than 2 bowel movements above what the child normally experiences in a 24-hour period. Any diarrhea with blood should be evaluated by a healthcare provider prior to return.
<b>Vomiting</b>	If vomiting has occurred in the last 24 hours, it has resolved overnight and the child can hold down food/liquids in the morning.	During the past 24 hours, vomiting has occurred more than twice and the student cannot hold down food/liquids.
<b>Eyes</b>	Eyes may be itchy, watery or red due to allergies.	Eyes are pink, draining purulent fluid, crusty, itchy, painful, sensitive to light, or the student has vision changes. Bacterial conjunctivitis should be treated with an antibiotic for 24 hours before returning to school. Viral conjunctivitis is not treated with antibiotics.
<b>Cough/Congestion</b>	Mild cough or congestion without fever is present. The student is able to cover their cough and wash their hands to prevent spread of germs.	Symptoms are severe enough that the student is unable to learn or the cough is disruptive to the class. If the cough or congestion is accompanied by a fever or symptoms are not improving, they should be evaluated by a healthcare provider before returning to school.
<b>Sore Throat</b>	Throat is sore, but not accompanied by any other symptoms (including a fever).	Throat pain is accompanied by a fever, redness, white spots, and severe pain that is unable to be relieved with methods available in the clinic. Positive strep throat cases should be treated with antibiotics for 24 hours before returning to school.
<b>Rash/Skin Irritation</b>	Rash is not draining or spreading. The student does not have any other accompanying symptoms, and the itching is not severe enough to impede learning.	Skin sores are draining fluid and on an uncovered part of the body that is unable to be covered with a bandaid. If the rash is spreading, draining, or other symptoms (i.e. fever) accompany it, the student should be evaluated by a healthcare provider.
<b>Head Lice/Bed Bugs</b>	While a nuisance, these bugs <b>do not</b> cause disease. Therefore, students may be present if condition and/or itching does not interfere with learning.	Students with live lice must be treated immediately. With both head lice and bed bug infestations, the home must be treated.
<b>Chronic Conditions (Asthma, Diabetes, Seizures, Anxiety, etc.)</b>	Symptoms are well-controlled. The student knows when to contact an adult within the school for assistance, *has an action plan on file in the clinic/school, and the plan is being followed to the best of the family/student/school ability.	Symptoms are not well-controlled. The student is not able to recognize when he/she needs assistance, or the student cannot attend school safely.  *If an action plan signed by a physician is required, it must be signed yearly and on file in the clinic.

### Central Education Center

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Source: [https://archive.cdc.gov/www\\_cdc.gov/flu/business/stay-home-when-sick.htm](https://archive.cdc.gov/www_cdc.gov/flu/business/stay-home-when-sick.htm)

Last updated April 2025